

# Workshops arranged at Iyengar Yoga Institute Maida Vale for 2010

## January

T.B.A.

## February

28 (Sun)

First Aid Course for Teachers

Elaine Martin

## March

7 (Sun – am)

General

Marco Cannavo

20 (Sat – am)

Neck & Shoulder Workshop

Elisabeth Wengersky

28 (Sun – am)

Moving Up (beginners to general)

Judy Lynn

## April

23 (Fri – pm)

Teachers' Workshop

Christian Pisano

24 (Sat)

General

Christian Pisano

25 (Sun)

Intermediate

Christian Pisano

## May

9 (Sun – am)

General

Judy Smith

## June

18 (Fri – pm)

Teachers

Pixie Lillas

19 (Sat – am)

General

Pixie Lillas

20 (Sun – am)

Intermediate

Pixie Lillas

## July

17 (Sat – am)

General

Ofra Graham

18 (Sun)

First Aid Course for Teachers

Elaine Martin

## August

30 (Bank Holiday Mon – am)

General

Amparo Rodriguez

## September

12 (Sun – am)

Moving Up (beginners to general)

Juliet Byrne

25 (Sat – am)

General

Barbara Norvell

## October

10 (Sun – am)

Intermediate

Johanna Heckmann-Mohan

## November

13 (Sat)

General

Korinna Pilafidis-Williams

21 (Sun)

Intermediate

Margaret Austin

## December

12 (Sun)

General

Richard Agar Ward

*More workshops to be announced in due course.*

-No times means day event, 4+ hours.

-Changes are possible including addition of workshops. For up to date detailed information see Events information leaflet or check our website ([www.iyi.org.uk](http://www.iyi.org.uk))