

Workshops arranged at Iyengar Yoga Institute Maida Vale for 2009

January

18 (Sun – am)
25 (Sun - am)

General
Teachers

Judy Smith
Penny Chaplin

February

6 - 8 (Fri - Sun)

TBC

Jawahar Bangera

March

7 (Sat – am)
29 (Sun – am)

Intermediate
General

Penny Chaplin
Judy Lynn

April

18 (Sat - am)
24 (Fri – pm)
25/26 (Sat/Sun)

General
Teachers
Intermediate

Korinna Pilafidis-Williams
Christian Pisano
Christian Pisano

May

4 (Bank Holiday Mon – am)

General

Barbara Norvell

June

22-25 (Mon – Thu)

Early Mornings

Pixie Lillas

July

4 (Sat - am)
12 (Sun)

General
First Aid Course for Teachers

Ofra Graham
Elaine Martin

August

31 (Bank Holiday Mon – am)

General

Amparo Rodriguez

September

12 (Sat – am)
27 (Sun – am)

Intermediate
Moving Up

Alaric Newcombe
Juliet Byrne

October

3 (Sat- am)
4 (Sun - am)
30 (Fri)
31 (Sat)

General
Intermediate
Teachers
General

Gabriella Giubilaro
Gabriella Giubilaro
Stephanie Quirk
Stephanie Quirk

November

1 (Sun)
15 (Sun - am)

Intermediate
Intermediate

Stephanie Quirk
Johanna Heckmann-Mohan

December

18 (Fri – pm)
19/20 (Sat/Sun)
29 (Tue)
30 (Wed)
31 (Thu)

Teachers
Intermediate
General
General/ Intermediate
General

Christian Pisano
Christian Pisano
t.b.c.
Penny Chaplin
t.b.c.

-No times means day event, 4+ hours.

-Changes are possible including addition of workshops. For up to date detailed information see Events information leaflet or check our website (www.iyi.org.uk)